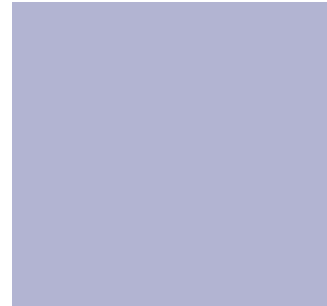
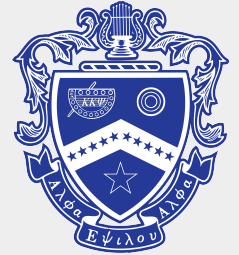


**Kappa Kappa Psi
Alumni Association
Creating a Vision to Achieve
Your Personal Goals**





Kelly Nellis

- Kappa Alpha (University of Minnesota)
 - MAL & President
- Psychology Major, Management Minor
- Former National Council, KKPsi AABOD
- NOW: Senior IT Business Analyst @ Prime Therapeutics (Pharmacy Benefits)

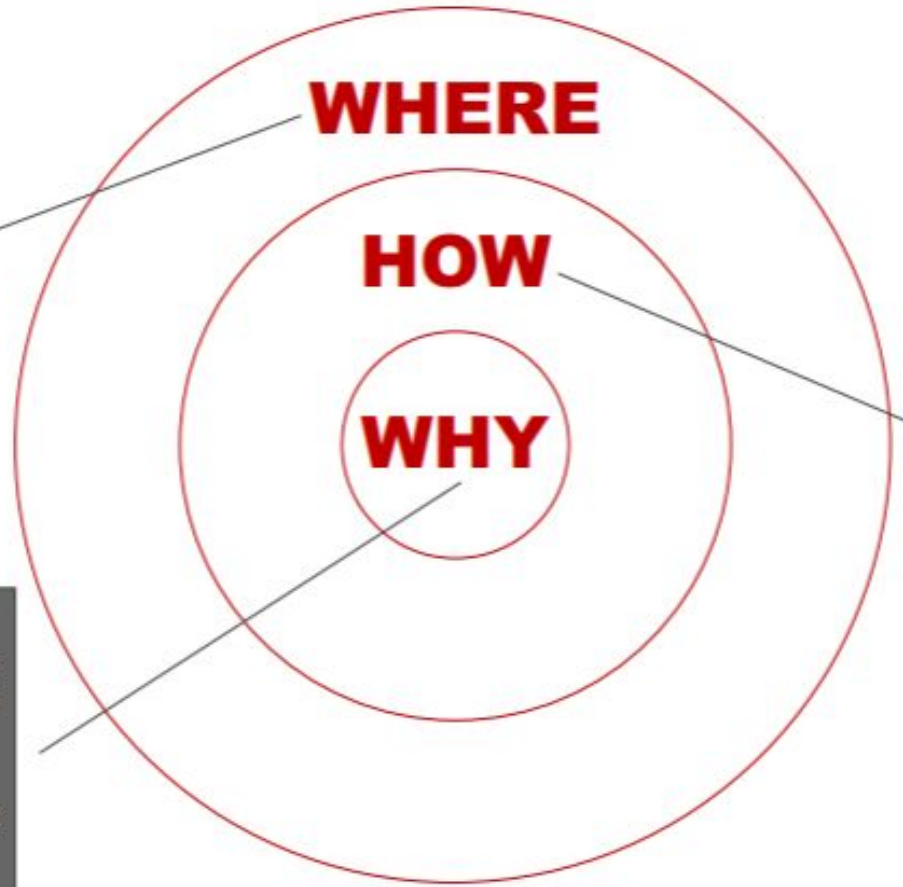


Alaina Peters

- Beta Omicron (Arizona State University)
 - Secretary & President
- Music Education degree
- National Chapter Field Representative
- NOW: Higher Education/Student Affairs Masters Student @ Ohio State

Road Map

VISION
What does it look like?
What will the characteristics be?
What purpose and values will I uphold in my ideal future?



MISSION
How am I getting there? What resources am I using? What are my measures? Who is my primary audience?

PHILOSOPHY
What drives me? What words will describe me independent of context? What messages are constant and empowering?

Starting with the WHY -- Values Clarification

Abundance
Acceptance
Accountability
Achievement
Advancement
Adventure
Advocacy
Ambition
Appreciation
Attractiveness
Autonomy
Balance
Being the Best
Benevolence
Boldness
Brilliance
Calmness
Caring
Challenge
Charity
Cheerfulness
Cleverness
Community
Commitment
Compassion
Cooperation
Collaboration
Consistency
Contribution
Creativity
Credibility
Curiosity

Daring
Decisiveness
Dedication
Dependability
Diversity
Empathy
Encouragement
Enthusiasm
Ethics
Excellence
Expressiveness
Fairness
Family
Friendships
Flexibility
Freedom
Fun
Generosity
Grace
Growth
Flexibility
Happiness
Health
Honesty
Humility
Humor
Inclusiveness
Independence
Individuality
Innovation
Inspiration
Intelligence

Intuition
Joy
Kindness
Knowledge
Leadership
Learning
Love
Loyalty
Making a Difference
Mindfulness
Motivation
Optimism
Open-Mindedness
Originality
Passion
Performance
Personal Development
Proactive
Professionalism
Quality
Recognition
Risk Taking
Safety
Security
Service
Spirituality
Stability
Peace
Perfection
Playfulness
Popularity
Power

Preparedness
Proactivity
Professionalism
Punctuality
Recognition
Relationships
Reliability
Resilience
Resourcefulness
Responsibility
Responsiveness
Security
Self-Control
Selflessness
Simplicity
Stability
Success
Teamwork
Thankfulness
Thoughtfulness
Traditionalism
Trustworthiness
Understanding
Uniqueness
Usefulness
Versatility
Vision
Warmth
Wealth
Well-Being
Wisdom
Zeal

Project your WHERE with your Vision

- A tangible element to reference your personal life goals
- Helps you envision your future and continue towards your goals
- Holds you accountable (and motivated when you're feeling down!)



Vision Brainstorming



Imagine your vision has been fulfilled to the fullest degree possible.

- What does that look like?
- What are the characteristics?
- How do you know it has been fulfilled?

WHAT GOES INTO A VISION STATEMENT



Be Concise



Be Clear



**Have a Time
Horizon**



**Make It
Future-Oriented**



Be Stable



Be Challenging



Be Abstract



Be Inspiring

PROJECTMANAGER

The HOW: Designing the Mission

- “5 Year Plan” – set of physical and tangible goals to guide you and lead you to success overtime
- (note about it not being set in stone)
- (Able to be changed with life / career changes)

SMART Goals, sound familiar?

- Each goal in the plan is a SMART goal
 - Specific
 - Measurable
 - Achievable
 - Relevant
 - Time Bound

Success is up to you!

- Plans are only as successful as you make them
- Frequently reflect and refer to goals
- Benchmarking and reassessment
- Share with friends, family, mentors, to hold you accountable
- If having trouble finding accountability? Start small.

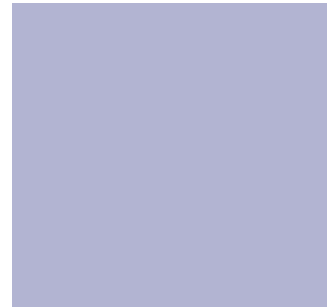
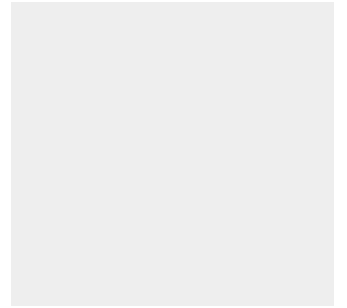


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Questions?

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